



# Lunch Menu

*Food for Thought.*

**"Your mindset is everything."**

Iyar – Sivan 5786

May 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 French Toast Yogurt Baby Carrots Apple Sauce
4 Fettucine Alfredo Cottage Cheese Cut Vegetables Peaches	5 <b>Lag Ba'Omer BBQ:</b> Burgers n'Buns Hotdogs n'Buns Fries Coleslaw Fruit Cups	6 Baguettes Tuna Salad/Egg Salad Tomato Rice Soup Pineapple	7 Teriyaki Meatballs Rice Green Beans Mixed Fruit	8 Challa Rolls Sliced Cheese Cream Cheese Pepper & Celery Sticks Apple Sauce
11 Baked Ziti Cottage Cheese Corn Peaches	12 Cornflake Chicken Belgian Potatoes Cabbage Salad Pears	13 <b>Poke Bowls:</b> Fish Nuggets, Rice, Sweet Potato, Carrot, Cucumber, Sweet Sauce Pineapple	14 Deli Sandwiches Fries Pickles Mixed Fruit	15 Pizza Baby Carrots Apple Sauce <b>SPECIAL TREAT:</b> <b>CHOCOLATE MILK</b>
18 Cheese & Potato Blintzes Pasta Cottage Cheese Salad Peaches	19 Sweet & Sour Chicken Rice Green Beans Pears	20 Fish n' Chips Mushroom Barley Soup Caesar Salad Pineapple	21 <b>EREV SHAVUOT</b> <b>NO SESSIONS</b>	22 <b>SHAVUOT</b> <b>NO SESSIONS</b>
25 <b>MEMORIAL DAY</b> <b>NO SESSIONS</b>	26 Pretzel Schnitzel Potato Kugel Chulent Cucumber Salad Pears	27 Pizza Vegetable Soup Veggie Cups Pineapple	28 <b>Mexican Rice Bowl:</b> Taco Meat & Rice Chickpeas, Black Beans, Tomatoes, Cucumbers, Olives, Corn, Tortilla Chips Mixed Fruit	29 Cheese Pretzels Cottage Cheese Cucumber Sticks Apple Sauce

## Available

### Daily:

- \*Whole Grain Bread
- \*Hard Boiled Eggs

### On Mon/Wed:

- \*Cream Cheese Sandwiches
- \*Yogurt OR Cottage Cheese

### On Tues/Thurs:

- \*Sun Butter/Jelly Sandwiches

1% & SKIM MILK SERVED ON MONDAY / WEDNESDAY / FRIDAY

100% FRUIT JUICE SERVED ON TUESDAY / THURSDAY